



PACM General Membership Meeting Minutes of November 7th, 2012

Cory Jackson, PACM Chair, welcomed Coalition and Network members to the meeting.

Executive Committee Report (Cory Jackson)

- Manitoba Healthy Living, Seniors and Consumer Affairs/Manitoba *in motion* approved the grant for 2012/2013.
- Executive Committee hired Leah Goertzen as Project Coordinator
- May 2012 AGM and Strategic Planning Session gave insight into member priorities and future direction for PACM
- Have focused on Active Transportation this past two years
- PACM's biggest challenge has been capacity
- We're getting back to basics
 1. Want to increase opportunities
 2. Research – promoting evidence based practices
 3. Active for Life strategies
- Overview of ideas generated has been circulated
- Looking for volunteers for Physical Activity Conference in March 2013

PACM Financials (Cory Jackson)

- Reviewed PACM Administration and PACM Project Financial Reports
- \$35,000 has been approved as the project budget
- Admin cost in the past year have included
 - Printing of brochures
 - Cell phone
 - Hosting Fee: For office costs
 - May AGM food also included
- 2012 membership invoices will be in the mail soon.

Project Report (Leah Goertzen)

- Introduction to webinar series that members will be invited to
- There will be other opportunities to participate in workshops
- Physical Activity conference is being planned for March 2013
- Newsletter has been created
- Hope to highlight 1-3 organizations each issue
- Copy of the proposal will be available online.

Host Organization (Cory Jackson)

- A Call for Host Organization has been circulated and posted on the PACM website
- Term for new host May 2013-2015
- Submission deadline November 30, 2012

Presentation: Active & Safe Kids Manitoba with Jenn Sarna, Project Coordinator

- Project is funded by PHAC and coordinated by the Manitoba Coalition for Active and Safe Kids (MCASK)
- Focus to increase use of protective equipment use in kids during recreational activities through public awareness campaign, resource development and training
- Feedback has been good, there is also a large evaluative component to the program
- For more information, contact Jenn Sarna or visit the website www.activesafekidsmanitoba.ca

Member Roundtables

Stephanie Jeffrey - Manitoba Fitness Council

- Jan Keryluk – Fitness leader of the year
- Working to create pre post natal fitness certification
- Working to create new hubs of leaders in Rural communities
- Double number of CSEP-CEP's in the province with the upcoming course

Sue Boreskie – Reh-Fit Centre

- Running out of space
- Renovating the parking lot in hopes that building will also expand
- Variety of new programs

Cory Jackson – Recreation Connections Manitoba

- Conference will be held February 27 -March 1, 2013
- Conference brochure will be available in December
- Awards Program – looking for nominations
- Check out the Active & Safe Kids Manitoba website (www.activesafekidsmanitoba.ca) and After The School Bell Rings: A Manitoba After School Recreation Project (www.afterschoolmanitoba.ca) for excellent resource and training opportunities.

Mike Tutthill – Health in Common

- No report

Shoni Litinsky – Green Action Centre

- Developing an iPad App to
 - Set a base line
 - See how kids are walking to school
- Active & safe routes program is expanding
- Are built environments working?

- New strategies on how to Implementation of school zones
- Had to design a bicycle friendly community workshop coming up
- Winter bike to work – February 15th, 2012

Keith Patterson – Manitoba Education (Physical Activity/Health Education)

- SAG will be partnering with PHE Canada – October 24-26, 2013 Winnipeg will be co-hosting national PHE Canada conference.

Rick Lambert – Sport Manitoba

- Sport policy has been reworked and now focuses on:
 1. Introduction to sport
 2. Recreational Sport
 3. Competitive Sport
 4. High Performance Sport
 5. Social Development
- Winnipeg Community Sport Policy
 - Has been released
 - Has an implementation plan

Jim Evanchuk – ALCOA

- Active Aging Week just over
- October is Seniors & Elders Month
- June – 55+ Games – 893 Participants this year
- 55 plus games will be June 11-13, 2013 in Morden

Liz Harlan – CancerCare Manitoba

- Working with Youth Health Survey
- 650 schools, grades 7-12
- Focused on:
 - Physical Activity
 - Tobacco
 - Mental Health
 - Sun Safe
- 80,000 students anticipated

Amber Mamchuk – Heart & Stroke of Manitoba

- Just in the process of developing : Tips for hosting children’s event guide
 - Offers tips on what to eat and other tips that help you plan a heart healthy birthday

Karin Whalen – Wellness Institute

- Online registration is now an option for programs
- Wasting away Workshop – health care professionals working with overweight
- December 7th, 2012 – 5 spots left
- Diabetes & Exercise Program has started and seems to be working well

Kristine Hayward – Winnipeg *in Motion*

- Circuit training in the workplace
- Sara Prose is taking over for Deanna Betteridge

Beatrice Davidson- Workplaces *in Motion*

- Workplaces in motion- working with Winnipeg in Motion to develop a circuit training poster series for offices

Jessica Jacques – Manitoba *in Motion*

- New resources will be available soon

Howard Skrypnyk - Province of Manitoba

- TransCanada trail – working on completing the trail
- Securing funding for maintenance

Jocelyn Macleod – MCYO/Recreation and Regional Services

- Maintain open doors program
 - For schools to keep access available for community use
 - Sport application is out right now
 - For equipment purchase for children & youth
 - Application deadline end of the month

Next PACM General Membership Meeting
Thursday, February 28th, 2013
Sunrise Breakfast Meeting
and keynote presentation with Darci Lang
8:00 a.m. – 10:00 a.m.
Victoria Inn & Conference Centre, Winnipeg
1808 Wellington Avenue